

## PRESS INQUIRIES

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# **Indulge Your Inner Artist!**

## **Registration is Now Open for**

### **Art Center Sarasota's 2022-2023 Adult Education Season**

*The center features more than 100 classes, workshops, and open studio sessions.*

*Highlights include printmaking, open studio space, life sessions, photography, mental health workshops and more.*

(August 29, 2022) Registration is now open for Art Center Sarasota's 2022-2023 adult education season, which runs October through April and features more than 100 classes, workshops, and open studio sessions. Classes are offered Monday through Saturday and cover a rich diversity of topics, including painting, photography, sculpture, mixed-media, drawing, and pastel and taught by more than 25 esteemed art instructors. Course highlights include "Happy Accidents: Beginning Abstract Watercolor Florals," "Freedom in Landscapes," "Party Time Chix," "Gelli Printing," and a "Mindfulness Workshop Series." *To register and for more information, visit [www.artsarasota.org](http://www.artsarasota.org) or call 941-365-2032.*

Jane Harris, ACS's education director, says that she believes "the arts are the heart and soul of the community. We are so fortunate in Sarasota to have a community bursting with creativity and talent. This coming season at ACS is a great way to connect with other artists and share in a working creative space." She adds that the

center offers multiple open studio sessions each week so that “artists can come create with us however they are most comfortable and at the level they wish to be learning.”

The most important takeaway?

“No stressing allowed,” says Harris. “These classes have been designed for people of all skills, including anyone who has ever dreamed of picking up a paint brush or doing something creative but never dared to do it. Now’s the time!”

Harris says there are many new approaches and offerings this year, including a **Mindfulness Workshop Series** led by Joyce Zimmerman. This is a once-monthly workshop that explores simple mindfulness and art exercises to help participants de-stress, connect with how they are feeling in the present moment, and create without judgment. “Mindful art activities focus on trusting the creative process and giving yourself permission to create with self-compassion,” says Harris, adding that “whether you’re a seasoned artist or you have no experience at all, you’re invited to create with compassion to de-stress. Bring your journal and we will provide the rest.”

Instructors for the 2022-2023 season include: Joseph Melançon, painting; Jane Harris, printmaking; Clare Godleski, mixed-media; Margaret Hillman, mixed-media; Amy Karki, photography; Renee DiNapoli, watercolor; Douglas Land, drawing; Craig Carl, drawing; Shelia Golden, watercolor; Linda Richichi, painting and pastel; Barbara Eisenberg, painting; Gary Eisenberg, pastel; Cedar Kindy, watercolor and gouache; Kathryn Morrill, colored pencil; Gail White, watercolor; Patty Flauto, color theory; Joyce Zimmerman, wellness; James Griffin, painting.

**Highlights of the season include:**

**“Party Time Chix!” with Cathy Carrier**

**Medium: Sculpture/Mixed Media; Classes: Jan. 6, 13, 20, 27, Feb. 3**

Discover the whimsical world of papier-mâché with mixed-media artist Kathy Carrier as she hosts a five-week workshop exploring this creative medium with a fanciful twist. More than a hen party, the class starts with balloons and birthday hats and covers the entire process of creating a papier-mâché chicken.

**“Happy Accidents: Beginning Abstract Watercolor Florals” with Shelia Golden  
Medium: Watercolor; Classes: Nov. 7, 14, 28 Dec. 5, 12, 19**

This beginner class will focus on using the imagination as well as learning basic and more advanced techniques for watercolor paintings. Participants will work small and have fun with accidents, splashes and splatters. Loose technique is stressed, while stressing is not allowed. Fun abstracted florals as well as landscapes will be explored in this weekly class. Watercolor techniques for loose and fun discovery of the medium are the goal. Students will learn to trust their imagination and not have to depend on reference.

**Gelli Printing with Margaret Hillman**

**Medium: Printmaking; Classes: February 14, 21, 28**

Students will learn to make a variety of prints using gel plates and items commonly found in the home or studio. The instructor will demo a variety of techniques. Learn by observing, doing, and experimenting.

**Freedom in Landscapes with Joseph Melançon**

**Medium: All; Workshop: December 15 and 16**

Escape to a landscape with juiced-up color and mark-making for the sheer fun of it! Reinvent looseness where you haven't gone before. Dare we say making an abstract landscape? When you isolate one small section of a scene it may look unrealistic or abstract, but every brush stroke doesn't have to express how things actually look. When you see it in the context of the rest of the painting, it makes sense. The instructor will share ample reference materials to inspire students, including the work of other artists. Discover where you can go just for the heck of it!

## **Craig Carl: Beginner Figure Drawing**

**Medium: Drawing; Classes: Nov 1, 8, 15, 29; Dec 6, 13; February 14, 21, 28; March 7, 14, 28.**

This class is designed to enhance the ability to draw the human body. Working with an undraped live model each week, students will explore the basics of proportion, anatomy, rendering techniques and foreshortening. Instruction will adapt to each student's level of ability from stick figure to renaissance master. Class will also include discussions of art history and the evolution of life drawing.

Teaching will concentrate on individual direction and experimentation to improve each artist's ability to render the human body and improve individual technique.

## **About Art Center Sarasota**

Art Center Sarasota was the first arts and cultural institution in Sarasota. Founded in 1926 as the "Sarasota Art Association" by Marcia Rader, the art supervisor for the Sarasota County schools district, the Association was later incorporated as a not-for-profit organization in 1943 and has been in its current location in the Sarasota Bayfront Cultural District since 1949. Art Center Sarasota is a member-supported organization that offers curated and juried exhibitions, adult and youth education programs, outreach initiatives for underserved youth, and culturally related public programming. Art Center Sarasota is admission-free and open to all public; its mission is to inspire individual creative expression, nurture artistic talent and provide the community with accessible and diverse visual art opportunities.

Art Center Sarasota  
707 N. Tamiami Trail, Sarasota, FL 34236  
Phone: 941-365-2032  
[www.artsarasota.org](http://www.artsarasota.org)

## **Gallery Hours**

Monday-Friday: 10 a.m.-5 p.m.  
Saturday: Noon-5 p.m.

